

Your Best Friend Should Be ...You!

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Attitude, Behavior

There is a person that is always with the reader: yourself. But sometimes we just forget this indisputable truth. I think the reader would agree if I say that we should treat well people around us. But many times we forget to treat well one key person: ourselves.

We should make an effort to treat ourselves well. Other people in our life come and go. Some we like and other we dislike – many have little importance for us. But they have one thing in common: sooner or later they will leave. Sometimes because they want and other times because they must (one possible reason is their death).

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